

# The P.E.R.K. Club

Dear Parent/Guardian,

The P.E.R.K. Club is a physical education program, designed for children ages 3-12. Through positive reinforcement, and learning through play, the goal of this club is to encourage physical fitness habits which will last them a lifetime. The Physical Education and Recreation for Kids Club encourages originality and self-expression. Participation in different skills, exercises, games and dance, will help your child become more self-confident. The children learn to follow directions, and they are proud of their physical abilities. Our lessons are designed to promote high success rates, and they are age appropriate. Each lesson includes a Cardiovascular game, a Skill Theme such as throwing or catching, and a Loco-motor or group activity.

Your child will receive a 40 minute lesson, four times per month, for a fee of \$32.00. We will provide all equipment, and the lessons will be taught at your child's school. Different activities are learned each week. For your child's safety and comfort, please try to avoid slippery shoes on P.E.R.K. club day such as sandals, boots, and dress shoes.

Registration will be completed by filling out the bottom portion of this letter, and placing it with your check in the P.E.R.K. Club envelope or box at your child's school.

Please pay full dues to enroll, and pro-ration credit will be given for the following month. Vacation credit can be given once a year if we are notified in advance. If a class is cancelled due to rain or illness of the instructor, the class will be made-up. Due to the large number of Club members, our membership is continuous, and the fees are due the first week of each month. If you wish to drop from the club, please notify us in writing by placing a note in our box or envelope.

We have been in this business in the San Diego area for 22 years. We have many years of experience in teaching and coaching. We are college educated in the field of Physical Education, with an emphasis in teaching. The Director of your school has been provided with information regarding our references, and education. Please feel free to call us with any questions or concerns you have. You are invited to watch the P.E.R.K. Club at any time. Thank you for your interest, we will look forward to helping your child develop a positive self-image through Physical Education.

Sincerely,

Laura Carroll-Lane  
Jeff Lane  
**The P.E.R.K. Club**  
619-562-1436

Child's Name \_\_\_\_\_

Age \_\_\_\_\_ Birthday \_\_\_\_\_ Child's Room # \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phones \_\_\_\_\_

Work Phones \_\_\_\_\_

Emergency Contact # \_\_\_\_\_

Medical Concerns \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_

Parents Names \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

***Gives Permission to enroll in Park Club***

**Membership is continuous, please notify us if you are discontinuing.**